



Pennsylvania Rehabilitation Council (PaRC)

55 Utley Drive, Camp Hill, PA 17011

Voice: (717) 975-2004 or (888) 250-5175 TTY: (717) 737-0158 Fax: (888) 524-9282

Email: parc@parehabilitationcouncil.org Website: parehabilitationcouncil.org

Executive Committee Meeting Minutes

January 27, 2026

1:00 PM to 2:00 PM

Committee Members (P = Present) (NP = Not Present)

Michelle Mitchell (P)

Julia Barol (P)

Christie Cyktor (P)

Joan Goodman (P)

Lynn Heitz (NP)

Twana Jones (P)

Julianna Rodrigues (P)

Susan Tomasic (P)

Andrew Pennington (P)

PaRC Personnel Present: Michelle Gerrick, Christopher Todd

Ms. Michelle Mitchell called the meeting to order at 1:00 PM.

ADDITIONS TO THE AGENDA

There were no additions to the agenda.

MOTION was made by Ms. Christie Cyktor for approval of today's agenda and past meeting minutes. Ms. Julia Barol seconded the motion. The motion passed unanimously.

CHAIR REPORT

Finalize meeting agenda for February Full Council meeting

Update on location of May and August Full Council meetings

Senator Warren / PaRC letters

- Members agreed to provide an invitation to staff from the Lehigh Valley Center for Independent Living (LVCIL) to present during the February 11, 2026, Full Council meeting.
- Ms. Michelle Gerrick provided an update regarding locations of the May and August 2026 Full Council meetings. Members agreed on submitting a request to hold the May meeting at the Harrisburg PaTTAN office and the August meeting at the Hiram G Andrews Center (HGAC).
- Ms. Michelle Mitchell provided an update regarding the letters of support that were developed and approved by PaRC's Legislative Committee. The letters supporting the congressional letter calling on the Department of Labor to reverse policy changes that threaten the employment rights of people with disabilities were

formalized and made official prior to sending to PaRC member Ms. Lynn Heitz in preparation for her trip to Washington DC where she will be meeting with Federal Legislators.

COMMITTEE UPDATES

Action/Social Media Committee – Julianna Rodrigues, Vice Chair

Recommendation for adding a link-in-bio tool for PaRC’s Instagram account.

- Ms. Julianna Rodrigues informed members of the Social Media Committee’s recommendation to add a link-in-bio tool for the Council’s Instagram account to enable the sharing of additional links and resources. There is no initial cost for the service. Additional costs may be up to \$8.00 a month if additional services are needed, however the Committee has suggested only using the free version of the tool at this time. The committee will review an outline of the PaRC video project during their upcoming meeting scheduled for February 4, 2026.

MOTION was made by Ms. Christie Cyktor for approval of adding a link-in-bio tool for PaRC’s Instagram account. Ms. Susan Tomasic seconded the motion. All were in favor.

CareerLink Committee – Twana Jones, Chair

- Ms. Twana Jones informed members that the next CareerLink Committee meeting is scheduled for February 16, 2026.

Governance Committee – Susan Tomasic, Chair

Recommendation of applicants for PaRC membership

Recommendation of Julia Barol, Christie Cyktor, Michelle Mitchell, and Julianna Rodrigues to attend the NCSRC/CSAVR Spring 2026 Conferences in Washington DC.

- Ms. Susan Tomasic informed members about interviews with PaRC applicants that were recently conducted by the Governance Committee and the committee’s recommendations on how to move forward with the applications.
- The Committee is recommending that PaRC members Ms. Julia Barol, Ms. Christie Cyktor, Ms. Michelle Mitchell, and Ms. Julianna Rodrigues represent the PaRC during the NCSRC/CSAVR Spring 2026 Conferences in Washington DC. Members shared the importance of those attending the conferences to meet with Federal Legislators on Capitol Hill during their visit to inform and educate on the diverse issues affecting the employment of people with disabilities.

MOTION was made by Ms. Julia Barol to accept the application for Mr. Logan Iman to represent the category of Young Adult. Ms. Julianna Rodrigues seconded the motion. All were in favor.

MOTION was made by Mr. Andrew Pennington for approval of Ms. Julia Barol,

Ms. Christie Cyktor, Ms. Michelle Mitchell, and Ms. Julianna Rodrigues to represent the PaRC during the NCSRC/CSAVR Spring 2026 Conferences being held in Washington DC. Ms. Julia Barol seconded the motion. All were in favor.

Legislative Committee – Christie Cyktor, Chair

- Ms. Christie Cyktor informed members of polling for virtual meetings planned for late April with State Legislators. Additional details will be discussed during the upcoming Legislative Committee meeting scheduled for February 24, 2026.

Policy Committee – Julia Barol, Vice Chair

- Ms. Julia Barol informed members that the next Policy Committee meeting is scheduled for February 18, 2026.

Transition Committee – Julia Barol, Chair

- Ms. Julia Barol informed members that the next Transition meeting is scheduled for March 3, 2026.

Ad Hoc Committee – Business Enterprise Program (BEP) – Lynn Heitz & Joan Goodman, Co- Chairs

- Ms. Julia Barol informed members that the next BEP Ad Hoc Committee meeting is scheduled for March 13, 2026.

Ad Hoc Committee – Citizen Advisory Committees (CAC) recommendations – Andrew Pennington

- Mr. Andrew Pennington informed members that they will be reviewing the CAC Ad Hoc Committee’s draft goals and objectives during their next meeting scheduled for February 11, 2026.

PUBLIC COMMENT

- Mr. Andrew Pennington made a comment as a member of the public stating that no explanation is needed regarding the selected members representing PaRC at the NCSRC and CSAVR Spring Conferences as everyone would be in support of this, and that he is excited to hear about their attendance.

ADJOURN

MOTION was made by Ms. Susan Tomasic to adjourn the meeting. Ms. Christie Cyktor seconded the motion. The meeting was adjourned.